



Iced Maple Espresso Shake

Recipe by Ken Haedrich, Maple Syrup Cookbook

- ¼ c. pure NYS maple syrup
- ¾ c. brewed espresso/strong coffee, cold 3 ice cubes
- ½ pint good-quality vanilla ice cream ½ c. milk
- 1 tbsp. coffee liqueur, optional



Chill two big glasses in the freezer. Put the ice cubes inside a folded kitchen towel and crush them, just a little, with a hammer. Combine the crushed ice, espresso, milk, maple syrup, ice cream, and liqueur, if desired, in a blender. Process briefly, until smooth but with slight slushy texture. Pour into the frosted mugs and serve immediately.